

**Composition of the Expert Group set up by  
Food Safety and Standards Authority of India (FSSAI)  
under the directions of Hon'ble High Court, Delhi**

1. Shri. S. Dave, Advisor, Food Safety and Standards Authority of India (FSSAI), Ministry of Health and Family Welfare, Govt. of India, New Delhi – **Chairman**
2. Ms. Sunita Narain, Director, Centre for Science and Environment (CSE), New Delhi
3. Dr. K. Damayanti, Scientist 'C', National Institute of Nutrition NIN, Hyderabad
4. Advisor (Nutrition), Ministry of Health & Family Welfare, Govt. of India, New Delhi
5. Dr. Rekha Harish, MD, FIAP, Professor and Head Department of Paediatrics, Govt. Medical College, Jammu
6. Dr. Jagdish Chandra, Director Professor, Dept of Paediatrics, Lady Harding Medical College and Kalawati Saran Child Hospital, New Delhi
7. Dr. Anju Seth, Professor, Dept of Paediatrics, Lady Harding Medical College and Kalawati Saran Child Hospital, New Delhi
8. Dr. Umesh Kapil, Public Health Specialist, AIIMS, New Delhi
9. Dr. Anuja Agarwal, Nutritionist, AIIMS, New Delhi
10. Dr. S. Jindal, Former President - AIFPA, All India Food Processors' Association
11. Shri. Sanjay Khajuria, President - CIFTI FICCI, All India Food Processors' Association
12. Shri. Sunil Adsule, National Restaurant Association of India
13. Dr. Mridul Salgame, National Restaurant Association of India
14. Dr. N Ramasubramanian, Retailers Association of India
15. Dr. P. S. M. Chandran, Retailers Association of India

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## Changes Proposed by one member of the Expert Group

Para No. Page No.	Present Statement	Proposed Statement
1 <sup>st</sup> Para: Page 2	<p>Lack of availability of balanced diet and safe food coupled with lack of awareness about physical activity are, in most school children, believed to have led to various health related concerns.</p> <p><i>(This sentence was Chair's addition to bring completeness and context)</i></p>	<p><u>Propose to delete</u> as it puts focus on self-choice and physical activity.</p>
Para 1.1: Page 2  <div style="border: 1px solid black; border-radius: 50%; width: 20px; height: 20px; display: flex; align-items: center; justify-content: center; margin-left: 10px;">1</div>	<p>A healthy lifestyle is cornerstone of good health, physical fitness, energy and reduced risk for disease. It is based on the choices one makes about his or her daily habits. Good nutrition, daily exercise and adequate sleep are the foundations for continuing health lifestyle. A healthy lifestyle includes diet based on balance, variety and moderation coupled with regular physical activity commensurate with one's age, gender and body constitution.</p> <p><i>(This was agreed in the EG meeting)</i></p>	<p>A healthy lifestyle and is cornerstone of good health, physical fitness, energy and reduced risk of disease. A balanced and nutritious diet is critical for ensuring good health. Physical activity and adequate sleep complement but do not substitute the need for balanced, wholesome food at all ages.</p>